

# Targeting the Cause... ... not just the Symptoms

**PremierPhysio** should be your first port of call for any aches and pains. Located in Runcorn Old Town, we have a highly qualified team of Chartered and HPC registered physiotherapists, acupuncturists and podiatrists/chiroprpodists.

## What is Podiatry/Chiropody?

Both are terms used to describe the treatment of foot and lower limb disorders. As foot problems affect most of us at some time, Podiatrists see people of all ages and from all walks of life.

Podiatrists are well known for treating: corns, diabetic foot ulcers, verrucae and toe nails. The other speciality of Podiatry is biomechanics or gait analysis. At PremierPhysio we observe the way your foot and lower limb joints and muscles function to determine if the way you are walking, running or cycling may be contributing to a current injury, or may cause an injury in the future. You may not necessarily be having a problem with your feet. You could be getting shin/knee pain, backache, hip/groin pain or be a child with growing pains. From the assessment findings, a bespoke insole can be prescribed that influences the foot to behave correctly and remove the cause of the symptoms.



**PREMIERPHYSIO**

*If you're still unsure as to whether we can help, why not give us a call quoting ref **RWW1-P** to arrange a **FREE assessment**.*

**46 Church Street, Runcorn, Cheshire WA7 1LL 01928 500557**