

PREMIERPHYSIO TREATMENTS & CHARGES

Physiotherapy

Assessment & treatment

£58.00

Follow up treatment

£43.00

DolorClast® ShockWave Therapy

**additional £35.00*

Women's & Men's Health

£68.00 / £49.00

Home Visit

£78.00 / £58.00

Acupuncture

Assessment & treatment

£58.00

Follow up treatment

£43.00

Sports Massage & Rehab

Sports Massage 30/60min

£32.00 / £48.00

Injury Rehabilitation 30/60min

£35.00 / £52.00

Podiatry / Chiropody

Podiatry Gait Analysis 45min

£80.00

Podiatry review 30min

£40.00

Chiropody assessment 45min

£45.00

Chiropody treatment 30min

£32.00

Nail Cutting Service 15min

£20.00

Nail Surgery & pre op

£250.00

Insoles (prefabricated / custom)

£75.00 / £250.00

1:1 Pilates

60min

£48.00

CBT

Cognitive Behavioural Therapy

£75.00



PREMIERPHYSIO™



tel. 01928 500557

www.premierphysio.com

HOLISTIC HEALTH & WELL-BEING

Stress Buster Deluxe 1hr 30min £67.00

Ease away your tension with a relaxing back, neck and shoulder hot stone massage, Indian head massage, Reiki and a facial massage or reflexology.

Stress Buster Express 45min £40.00

Ease your tension quickly with a back, neck and shoulder hot stone massage followed by Indian head massage.

Relaxing Reflexology 60min £45.00

Rebalance your whole well-being; working on your physical, emotional and psychological self.

Full Body Hot Stone Massage 1hr 30min £67.00

Imagine being bathed in heat from the placement of stones, while further hot stones are massaged into your body. It's also up to five times more effective than conventional massage and increases lymph flow to encourage the body to detox and heal.

Hopi Ear Candles 30min £35.00 / *60min £52.00

Aims to naturally clear excess wax and relieve sinus pain/congestion. Suitable for children from the age of 5. We only use the highest quality Biosun® candles.

**includes lymphatic drainage and head massage or reflexology*

Pregnancy Massage 60min £48.00

Relief of muscle tension, using our specialist support pillow to lie on your tummy whilst supporting your bump.

This could be the most comfortable you have felt in months!!!

Indian Head Massage 30min £32.00 / 60min £48.00

A deeply relaxing upper back, neck, shoulder and head massage.

Facial Massage 30min £32.00 / 60min £48.00

Lymphatic drainage, facial reflexology & natural face lift (with or without hot stones)

Prescription Back Scrub

To clear congestion. This treatment can be added to any 30 or 60min massage session.

***There is an additional £5 charge when adding this to a massage session.*



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